Autism Resources for Educators in Virginia

Virginia Department of Education and Training and Technical Assistance Centers

Table of Contents

Virginia Department of Education (VDOE) Reso	ources	1
VDOE Training and Technical Assistance Center	rs (T/TAC) Information	n1
Use of Materials		4
Virginia Autism Council		4
General Characteristics of Autism		5
General Characteristics of Asperger Syndrome		7
Individualization and Support Strategies		9
Communication		12
Behavior		15
Social Skills		18
Sensory		20
Other Resources in Virginia		23

Virginia Department of Education (VDOE) Resources

The Virginia Department of Education Division of Special Education and Student Services provides support in a variety of areas to school staff, parents, and other agencies. Contact information, resources, useful links, and electronic documents are available at www.doe.virginia.gov/vdoe/sess/.

Virginia's Regional Training and Technical Assistance Centers

The mission of Virginia's regional Training and Technical Assistance Centers (T/TAC) is to improve educational opportunities and contribute to the success of children and youth with disabilities (birth - 22 years). The centers provide quality training and technical assistance in response to local, regional, and state needs. T/TAC services increase the capacity of schools, school personnel, service providers, and families to meet the needs of children and youth with disabilities.

The T/TACs meet these needs by providing:

- information services (including periodic newsletters)
- linking and networking of resources
- lending library of multimedia resources and technology
- workshops
- referral to other services

T/TAC Online

Visit **www.ttaconline.org** for a calendar of training opportunities, online training, lesson plans, online resources, and more. A complete listing of all T/TAC offices and staff contact information is also available from this website.

Regional T/TAC Offices with Autism Specialists

Use the map below to locate a regional T/TAC office that employs staff with expertise in Autism and a lending library with autism specific materials and resources. Use the web addresses provided below to search library databases. Contact the regional T/TAC's Library Specialist to request materials.

Regions 1 & 8: Virginia Commonwealth University T/TAC

10 E. Franklin St., Suite 200 Richmond, VA 23219 (804) 827-6947

www.vcu.edu/ttac/library/

Regions 2 & 3: Old Dominion University T/TAC

Child Study Center, Rm 224 Norfolk, VA 23529-0164

(757) 683-4333

ttac.biblionix.com/atoz/catalog/

Region4: George Mason University T/TAC

4400 University Drive, MS 1F2

Fairfax, VA 22030

(703) 993-4496

kihd.gmu.edu/library/



Region 5: James Madison University T/TAC

Blue Ridge Hall Rm 259 Harrisonburg, VA 22801 (540) 568-6746

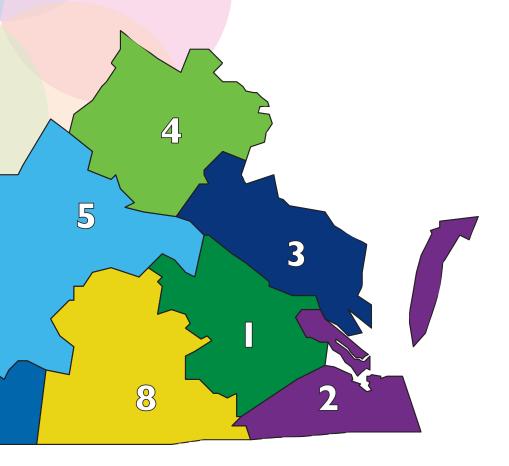
ttac.cisat.jmu.edu/libraryfolder/index.html

Regions 6 & 7: Virginia Polytechnic Institute and University T/TAC

250 South Main Street, Suite 326 (0254) Blacksburg, VA 24061

(540) 231-5167

data.ttac.clahs.vt.edu/librarynew/library.html



Use of Materials

The items listed in this catalog are for the benefit of school division personnel. The resources listed are just a sample of items available through the T/TAC offices and regional autism teams. There are many additional resources available to assist school division personnel working with students with autism spectrum disorders.

Inclusion in this catalog is not an endorsement of the resources listed or the contents therein. Readers are encouraged to select strategies and methods based on research with appropriate supporting evidence.

Virginia Autism Council

The Virginia Autism Council developed skill competencies to guide professionals and paraprofessionals who support individuals with autism and their families across the lifespan from early intervention through adult services across the Commonwealth of Virginia. These competencies focus on the assessment of individual needs and program planning rather than the diagnosis of autism. The following list includes those competencies that are specific, unique, and/or critical to successfully serving individuals with autism spectrum disorders.

The six skill competency areas are:

- 1) General Autism
- 2) Individualization and Support Strategies
- 3) Communication
- 4) Social Skills
- 5) Behavior
- 6) Sensory

A copy of the skill competencies document can be downloaded from the Virginia Autism Council's website at **www.autismtrainingva.org**.

General Characteristics of Autism

T/TAC Created Materials

Autism E-news E-news articles are published quarterly and provide subscribers with information on the latest topics in autism and a listing of training events across the state of Virginia.

www.ttac.vt.edu/autism/archived_enews.html

Online Training

An Overview of Approaches for Teaching Children with

Autism, written by Leslie Daniel. This webshop provides an overview of the proactive strategies used in teaching children with Autism Spectrum Disorders. This training is available on **www.ttaconline.org** in the online training section.

Online training developed by the Virginia Autism Council, is available at **www.autismtrainingva.org**. The purpose of this online training program page is to provide a broad spectrum of audiences with evidence-based, up-to-date information on important issues related to Pervasive Developmental Disabilities (PDD), with a special focus on Autism.

Books

Helping Children with Autism Learn: Treatment Approaches for Parents and Professionals by Bryna Siegel. This book offers practical guidance for creating an individualized program for students with autism.

Understanding the Nature of Autism by Janice E. Janzen. This book provides comprehensive and relevant information on such topics as assessment, advocacy, and intervention to assist in creating programs for individuals with autism.

The Puzzle of Autism (guide) located at www.nea.org. This guide explains common characteristics of autism and suggests effective classroom strategies for improving the communication, sensory, social, and behavioral skills of children who have autism.

DVD and Video Resources

Attainment's Autism Spectrum Disorders This DVD presents a comprehensive overview of autism spectrum disorders and includes a discussion of cognitive style, diagnostic characteristics, communication skills and deficits, social behaviors, support strategies and challenging behaviors.

Teaching Young Children with Autism: Effective Practices in VirginiaThis DVD shares useful information about effective practices for meeting the needs of students with autism in the classroom.



Software and Other Tools

Time Timers ® This tool visually reinforces a sense of elapsed time and assists students in answering the question, "How Much Longer?"

Writing with Symbols This word processing tool assists students with learning to read, write and interact by using pictures and symbols.

Boardmaker ® **software** This software is a graphics database containing over 3,000 Picture Communication Symbols in bitmapped clip art form.

General Characteristics of Asperger Syndrome

T/TAC Created Materials

Making the Year Successful for Students with Aspergers Syndrome in General Education Classes (November 2005), written by Sue Palko, Tracy Landon, and Linda Oggel. This E-News archived article provides suggested strategies for supporting students with AS (Asperger Syndrome) in general education settings. This article may be viewed at the E-news archives www.ttac.vt.edu/autism/archived_enews.html.

Online Training

Asperger Syndrome Overview: An Overview of Approaches for Teaching Children with Autism written by Karen Berlin.

This webshop provides an overview of the proactive strategies used in teaching children with autism spectrum disorders. This article is available on www.ttaconline.org in the online training section.

Books

The Oasis Guide to Asperger Syndrome: Advice, Support, Insight and Inspiration This is a Comprehensive Resource for Teachers and Parents of Individuals with High-Functioning Autism and Asperger Syndrome covering such topics as interventions, therapies, medications and navigating the school system.

DVD and Video Resources

Coulter's *Asperger's Syndrome: Success in the Mainstream Classroom* by Jed Baker. This video includes interviews with psychologist Dr. Jed Baker, regular and special educators, instructional aides, and other professionals in which inclusive practices and students with autism spectrum disorders are discussed.

Dr. Tony Attwood "Asperger's Syndrome" DVD Volume 2 This video, featuring psychologist Dr. Tony Atwood, deepens our understanding of the unique needs of individuals with autism spectrum disorders.

Normal People Scare Me This video, featuring Taylor Cross and his mother, Keri Bowers, a disabilities expert and advocate, gives a person first perspective on autism spectrum disorders and is offered with over 65 interviews with individuals with autism.

Souls: Beneath and Beyond Autism by Sharon Rosenbloom. This short DVD uses words and visual images to portray individuals with autism spectrum disorders in a tender and realistic manner.



Software

Boardmaker® This software is a graphics database containing over 3,000 Picture Communication Symbols in bitmapped clip art form.

Inspiration ® This software is used to assist students in the writing process by providing graphic organizers and encouraging the use of outlines and diagrams.

Kidspiration ® *Software* This software is intended for K-5 learners, and develops critical thinking skills using visual learning techniques.

Individualization and Support Strategies

T/TAC Created Materials

Support Students with Visuals and Tips on Designing and Using Individual Student Schedules (September 2003) These articles encourage the use of visuals and individualized schedules for students with Autism Spectrum Disorders.

Program Choreography: The Fine Dance of Individualized Teaching and Learning (May 2005) This article provides guidelines for creating a master classroom schedule based on the key concepts of TEACCH.

Wait Time: Easy, Free and Effective! (September 2006) This article, written by Leslie Daniel, is about providing students with autism adequate time to process language before responding.

These articles may be viewed at the E-news archives www.ttac.vt.edu/autism/archived_enews.html.

Online Training

From Chaos to Order: Organizational Strategies for Students with Autism Spectrum Disorders by the VCU T/TAC This webshop discusses how to utilize principles of Structured Teaching when organizing a program for a student with autism.

Supporting the Instructional Process by Shanon Hardy This webshop provides information on how to use a lesson plan and adapting instruction.

These trainings are available on **www.ttaconline.org** in the online training section.

ICAN Internet Modules This web learning resource offers online instructional modules on autism spectrum disorder (ASD) as well as information on characteristics, assessment, academic, behavioral, communication, environmental, sensory, and social interventions.

www.autismnetwork.org/modules

Books

Comprehensive Interventions for Individuals with High-Functioning Autism and Asperger Syndrome by Ruth Aspy, Ph.D., and Barry Grossman, Ph.D. This book provides a model for understanding how the underlying characteristics of ASD translate into a well developed intervention plan.

The Ziggurat Model: A Framework for Designing

Books on inclusive programming for elementary and middle school students by Shelia Wagner, include tips and strategies for general education and special education teachers on supporting students with autism in inclusive settings.

How Do I Teach This Kid by Kimberly A. Henry. This is a practical book that provides visual demonstrations of organized tasks for students with autism.

Understanding Asperger's Syndrome: Fast Facts by Emily Burrows and Sheila Wagner. This book provides quick, easy to read information and practical strategies for teachers of students with Asperger syndrome.

1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders by Veronica Zysk and Ellen Notbohm. This how-to guide addresses critical areas of need when supporting individuals with Autism Spectrum Disorders.

DVD and Video Resources

Finding Out What Works: Creating Environments Where All Can Learn, created by the Indiana Resource Center for Autism & Indiana Institute on Disability and Community. This video is designed to increase awareness about the environmental and learning needs of students with Asperger syndrome.

Visual Supports in the Classroom by Autism Aspergers Publishing. This video of classrooms in action demonstrates the use of visual supports.

Intricate Minds II: Understanding Elementary School classmates with Asperger Syndrome This video presentation of interviews with students with Aspergers syndrome (AS) highlights a first person perspective on issues related to living with AS.

Coulter's *Asperger Syndrome: Success in the Mainstream Classroom*This video presents professionals discussing how to support individuals with AS in the classroom.

Communication

T/TAC Created Materials

Autism and Assistive Technology This article is about using Assistive Technology to teach communication and social skills, attention, writing and daily living skills.

Autism and Communication This article discusses the using of sign language, Voice Output Communication Aids, the TEACCH approach and applied Verbal Behavior Analysis to teach students to communicate.

Visit www.ttac.vt.edu/autism/archived_enews.html to access these articles.



Online Training

Data collection This webshop provides ideas and techniques for collecting and managing useful data especially for SLPs in the schools.

Augmentative & Alternative Communication, by Jennifer Mitchell This webshop introduces the basics of communicating and of using Augmentative and Alternative Communication (AAC).

A Few Good Words: Using Core Vocabulary to Support Non-Verbal Students This webshop by Barbara Cannon shows how to use a small set of unchanging words to help non-verbal students communicate so they can answer academic questions and participate in the social communication of the schools.

These webshops are available on **www.ttaconline.org** in the online training section.

Autism Internet Modules For training and information about autism visit www.autisminternetmodules.org to take the modules developed by OCALI (Ohio Center for Autism and Low Incidence), in collaboration with several autism specialty centers.

Books

Visual Strategies for Improving Communication by Linda Hodgdon. This book describes and provides examples of visual strategies that can be used to improve communication in a variety of settings.

Teach Me Language by Sabrina Freeman and Lorelei Dake This book gives discrete examples and program suggestions for implementing a language program.

Communication Issues in Autism and Asperger Syndrome: Do We Speak the Same Language? by Olga Bogdashina This book stresses the importance of identifying each individual's nonverbal language - which can be visual, tactile, kinesthetic, auditory, olfactory or gustatory - with a view to establish a shared means of verbal communication.

Do-Watch-Listen-Say: Social and Communication Intervention for Children with Autism by Kathleen Ann Quill This intervention guide and accompanying activities are adaptable for developing a curriculum for children who are verbal, and for those who use augmentative and alternative communication.

DVD and Video Resources

Teaching Young Children with Autism: Effective Practices in Virginia Effective practices of visually structuring the classroom, using sensory processing, communication and social interaction strategies is demonstrated by teams of professionals in early childhood settings.

An Introduction to PECS: the Picture Exchange Communication System This DVD is an overview of the Picture Exchange Communication System (PECS) and demonstrates how to implement the six stages of the System.

The SCERTS Model: Enhancing Communication and Socioemotional Abilities of Children with Autism Spectrum Spectrum Disorders This video kit contains a manual and video that explains this multidisciplinary approach to enhancing communication and socioemotional abilities of young children (SCERTS refers to Social Communication (SC), Emotional Regulation (ER) and Transactional Support (TS)).

Software and Other Tools

The Assessment of Basic Language and Learning Skills-Revised (ABLLS-R) This tool for assessing skills in children with language and learning deficits is most commonly used in the process of the developing a behavioral program for children with ASD.

Psychoeducational Profile –3 (**PEP-3**) This assessment tool is used to identify the learning strengths and weaknesses of children with autism spectrum disorder (ASD) from 2 to 71/2 years of age, including communication skills.

Boardmaker® This software program contains a database of over 3,000 Picture Communication Symbols in the form of line drawings and can be used to develop communication systems.

Picture This This software library contains over 2,700 photos in 30 categories and can be used for making communication systems.

Writing with Symbols 2000 This software program helps teachers and students with early writing experiences as is pairs words with pictures (or rebuses) and aids in early literacy development.

Behavior

T/TAC Created Materials

Articles and information on Functional Behavior Assessment and Behavior Intervention are available at www.ttac.vt.edu/autism/archived_enews.html

Online Training

Autism and Situations Associated with Problems This webshop by Leslie Daniel provides basic information on problems associated with teaching students with autism and how to address those problems.

Supporting Positive Behaviors in the Classroom This webshop by Shanon Hardy describes how to indentify problem behaviors and create a proactive plan for addressing those problem behaviors.

Both of these trainings are available on www.ttaconline.org in the online training section.

ICAN Internet Modules Visit www.autismnetwork.org/modules for instructional modules related to behavioral interventions.

Books

Solving Behavior Problems in Autism by Linda Hodgdon, is helpful to anyone working with students with Autism Spectrum Disorders, this book addresses using visual supports to proactively address behaviors.

Functional Behavior Assessment for People with Autism: Making Sense of Seemingly Senseless Behavior by Dr. Beth Glasberg, is helpful to those using the FBA process. This book looks at the underlying characteristics of autism and how to develop an appropriate plan.

From Goals to Data and Back Again: Adding Backbone to

Developmental Intervention for Children with Autism by Jill Fain
and Rebecca Klaw, is a user-friendly book that looks at taking effective data and
provides samples and blank data sheets that can be customized to meet the needs
of any practitioner.

Conducting School-Based Functional Behavior Assessments: A Practioner's Guide This book serves to assist practioners who are involved in the FBA process.

VDOE's booklet on Behavioral Assessment and Support This reference provides an overview of the FBA process.

DVD and Video Resources

Difficult Moments for Children with Autism Spectrum
Disorders featuring Brenda Smith-Myles, is a video resource providing information on the stages and understanding of the crisis cycle for individuals with Autism Spectrum Disorders (ASD).

The Incredible 5-Point Scale DVD by Kari Buron Dunn and Mitzi Curtis discusses the use of this conrete visual tool to represent the scale of behaviors for students with Autism Spectrum Disorders.

Software and Other Tools

The Way to A: Empowering Children with Autism Spectrum and Other Neurological Disorders to Monitor and Replace

Aggression and Tantrum Behavior This pre-written social story can be customized to meet the needs of individuals on the autism spectrum.

The Behavior Assessment Guide by Thomas Willis, Gary LaVigna, and Anne Donellan, can be used to train staff or groups working with students with autism spectrum disorders.

USDOE's Office of Special Education Program's Website on Positive Behavioral Supports and Interventions: www.pbis.org/main.htm
This comprehensive website addresses positive behavior supports containing forms, articles and additional information.

Social Skills

Online Training

Asperger's Syndrome Overview and An Overview of Approaches for Teaching Children with Autism These two web shops provide an overview of the characteristics of Asperger syndrome and approaches for teaching students with Autism Spectrum Disorders. These are available on www.ttaconline.org in the online training section.

Books

Navigating the Social World: A Curriculum for Individuals with Asperger's Syndrome, High Functioning Autism and

Related Disorders by Janet McAfee This curriculum resource contains worksheets, handouts, and training forms for parents, teachers and professionals in regard to social skills development.

Social Skills Training for Children and Adolescents with Aspergers Syndrome and Social Communication Problem by Jed Baker, includes 70 skill lessons, as well as information on assessment through generalization of social skills.

The Social Skill Picture Book Teaching Play, Emotion, and Communication to Children with Autism by Jed Baker This uniquely formatted book offers pictures of the right and wrong ways to handle nearly 30 social skills situations in conversation, play, emotion.

Thinking About You Thinking About Me by Michelle Garcia Winner. This book includes philosophy and strategies to further develop perspective taking and communicative abilities for persons with social cognitive deficits are highlighted in this resource.

Software and Other Tools

Let's Talk Emotions: Helping Children with Social Cognitive Deficits, Including AS, HFA, and NVLD Learn to Understand and Express Empathy and Emotions by Teresa Cardon, is an easy-to-use collection of activities is for children ages 4-18.

Mind-Reading: The Interactive Guide to Emotions This software program is written for children and adults who want to improve ability to recognize emotions in others.

Social Skills software and a weblinks resource list is also available at www.ttaconline.org.

Baker's Dozen Tips for Social Skills Instruction for Students with Asperger Syndrome (March 2006) This article, written by Karen Berlin, provides practical strategies for supporting students with AS in general education settings and may be viewed at the E-news archives www.ttac.vt.edu/autism/archived_enews.html.

Writing Social Stories Workbook and Training DVD by Carol Grey is helpful for teachers and parents. This resource can be used to train those working with individuals with Autism Spectrum Disorders.

Sensory

T/TAC Created Materials

Understanding Sensory Processing This article, written by Lynn Kitchens, describes sensory processing and how it impacts classroom performance. This article may be obtained by contacting your T/TAC office.

What's on the Menu for Your Sensory Diet? (June 2006) This article, written by Mona Pruett, is a condensed version of some of the information provided in the online web shops and may be viewed at the E-news archives www.ttac.vt.edu/autism/archived_enews.html.

Online Training

Understanding Sensory Processing, The Sensational World We Live In, and Sensory Strategies in the Everyday

World These three online web shops, written by Mona Pruett, are related to understanding sensory processing. These are available on **www.ttaconline.org** in the online training section.

Books

Asperger Syndrome and Sensory Issues by Smith-Myles, Cook, Miller, Rinner & Robbins This book provides information about behaviors exhibited by children with Asperger syndrome that may have a sensory base. It includes an overview of sensory integration and how sensory systems impact behavior, sensory issues associated with Asperger syndrome, reviews formal and informal assessment tools, and suggests possible interventions in the sensory areas.

The Out-of-Sync Child by Carol Stock Kranowitz This book provides comprehensive, easy to understand information about sensory integration dysfunction. It offers a drug-free treatment approach for therapy.

Sensational Kids by Dr. Lucy Miller Dr. Lucy Miller is one of the foremost researchers on sensory processing disorders today. In her book, Dr. Miller combines research with practical techniques for assessing and treating sensory processing disorders (SPD). A number of tables provide practical suggestions for developing A SECRET (the A SECRET acronym stands for attention, sensation, emotional regulation, culture, relationships, environment, and tasks).

DVD and Video Resources

Visual Thinking, Sensory, Careers, and Medication
Temple Grandin, Ph.D. is one of the autism community's success stories.

VD she describes the challenges she has faced and offers ideas on how

In this DVD she describes the challenges she has faced and offers ideas on how others dealing with autism can meet the same obstacles and improve the quality of their lives. Topics include sensory challenges & answers, visual thinking of a person with ASD, medications, and opportunities for careers.

Sensory Processing Disorders Kit: Simulations and Solutions for Parents, Teachers, and Therapists by Jenny Clark Brack This practical DVD presents basic information about sensory systems along with simple solutions for how to deal with sensory challenges both at home and school. Viewers will experience what it feels like to have a sensory processing disorder by engaging in simulated exercises for a variety of sensory-processing difficulties. Kit includes enough materials for a group of 25-50 participants.

The Out-of-Sync Child by Carol Kranowitz This two-part video is a presentation of the book, *The Out-of-Sync Child*. It offers comprehensive, easily understood information on sensory integration dysfunction.

Software and Other Tools

Just Take a Bite: Easy, Effective Answers to Food Aversion and Eating Challenges by Ernsperger and Stegen-Hanson, is written for parents and professionals working with children with food aversions and eating challenges, this resource book provides strategies and practical lessons for assisting children in eating a balanced diet. Included is information about oral-motor development, and sensory and motor based issues used to design a comprehensive treatment plan.

Toilet Training for Individuals with Autism and Related Disorders by Maria Wheeler, is an easy to read book that provides over 200 toilet training tips and more than 40 case examples with solutions for toilet training.

Tool Chest: for Teachers. Parents and Students by Diana Henry, is a resource that provides fun, practical, and easy to use activities to assist children in developing their optimal range for paying attention and focusing, performing fine motor skills, improving self esteem, fitting in, and losing the "wiggles." The activities are designed for use at school and at home with students from ages 4 to 13.

Other Resources in Virginia

ARC

The Arc of Virginia is affiliated with The Arc of the United States and is the state chapter in Virginia. Upon joining one of Virginia's local chapters, you automatically become a member of both The Arc of Virginia and The Arc of the United States and are eligible for the benefits and privileges of membership in these organizations as well as those of the local chapters. Information on membership can be found at www.arcofva.org.

Commonwealth Autism Services

This non-profit organization's mission is to provide leadership in the implementation of a statewide system of services to maximize the potential and quality of life of each Virginian with autism across the lifespan. For additional information contact www.autismva.org.

Infant Toddler Connection

Contact www.infantva.org for more information on early intervention supports and services to infants and toddlers from birth through age two who are not developing as expected or who have a medical condition that can delay normal development. Early intervention supports and services focus on increasing the child's participation in family and community activities that are important to the family.

SHAV

The Speech-Language Hearing Association of Virginia is the state organization that provides training and advocacy for speech-language pathologists, audiologists, and individuals with communication and swallowing difficulties. Visit www.shav.org for information on the annual state conference, quarterly newsletter, and other events.

TASH

TASH is an international membership association leading the way to inclusive communities through research, education, and advocacy. TASH members are people with disabilities, family members, fellow citizens, advocates, and professionals working together to create changes and build capacity so that all people, no matter their perceived level of disability, are included in all aspects of society. Membership and training event information can be found at www.tash.org.

Virginia Autism Council

The Virginia Autism Council (VAC) provides leadership and coordination for state agencies and service providers. Skill competencies, training materials, tuition reimbursement, and online training are available from the council's website www.autismtrainingva.org.

Virginia Autism Resource Center

The Virginia Autism Resource Center supports the development of services for persons in Virginia with autism enabling them to live more productive lives in their communities. The center provides autism case consultation, information and referral as well as a resource library. For more information, visit **www.varc.org**.



